### **TB in children**



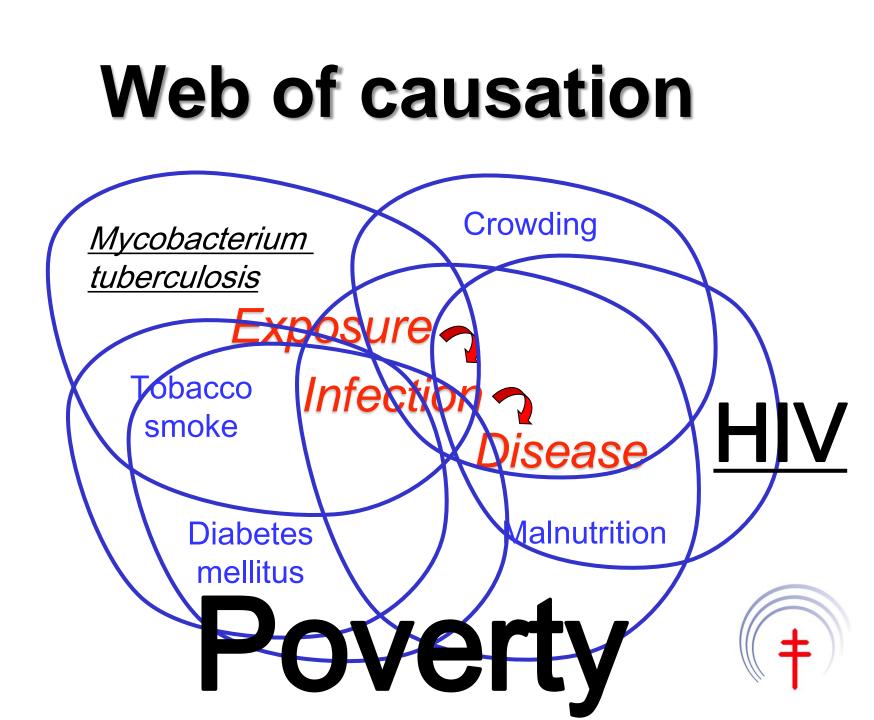


Ben Marais Sydney Institute for Emerging Infectious Diseases & Biosecurity



#### Robert Koch 1843-1910 Discovered M. Tuberculosis 1882









#### Child TB "spill over" host

#### Adult TB maintenance host

# **POVERTY / HIV**

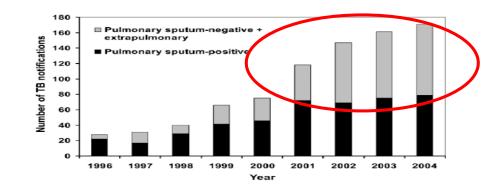
#### Exposure

### Vulnerability





### **Increasing TB/HIV Burden**

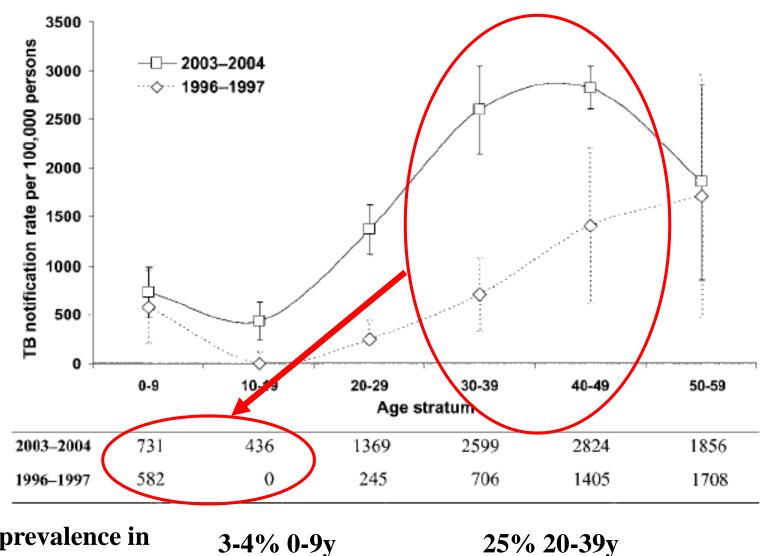


Year	No. of TB notifications	Population size	TB notification rate, cases/100,000 persons <sup>a</sup>	TB re-treatment rate, % <sup>b</sup>	Estimated prevalence of HIV infection, %
1996	32	5518	580	3	6.3
1997	42	6429	653	21	8.9
1998	67	7339	913	7	11.6
1999	74	8250	897	20	14.2
2000	90	9161	982	17	16.5
2001	142	10,071	1410	15	18.4
2002	150	10,982	1366	18	19.9
2003	175	11,892	1472	22	21.1
2004	188	12,803	1468	24	21.9

P = .007, by test for trend. P = .073, by test for trend.

#### Lawn SD et al. CID 2006; 42: 1040-7

### **TB - Age & Gender shift**



HIV prevalence in general population:

Lawn SD et al. CID 2006; 42: 1040-7

# Child TB - Why bother?

#### - Rare (not true)

Estimated contribution globally 15-20% Cape Town, SA ALL TB incidence children 407/100 000/yr (adults 845)

Marais, IJTLD 2006;10:259-63

### - Limited disease only (not true)

Autopsy study Zambia, as common a cause of death as acute bacterial pneumonia

Chintu, Lancet 2002; 360: 985-90

#### - Pose no transmission risk (not true)

Adolescents frequently as infectious as adults

Marais, PIDJ 2005; 24: 743-44

### Lung Disease Identified At Necropsy In Zambian Children

Diagnosis	HIV positive N=180	HIV negative N=84	Odds ratio (95%C.I.)
Pyogenic pneumonia	41%	50%	0.7 (0.4- 1.2)
РСР	29%	7%	5.3 (2.1-15.7)
Tuberculosis	18%	26%	0.6 (0.3- 1.2)
CMV	22%	4%	7.7 (2.3-40.0)
Interstitial pneumonitis	8%	18%	0.4 (0.2-0.96)
Other	24%	16%	-

Chintu C et. al. Lancet 2002; 360: 985-90

#### *M.tb* 2<sup>nd</sup> Most Common Pathogen identified in Children with CAP who Failed Empirical Antibiotic Therapy

	Younger than 1 year			1 year or older			
all of the second second	Total (n=90)	Infected (n=74)	Exposed uninfected (n=9)	Uninfected (n=7)	Total (n=20)	Infected (n=13)	Uninfected (n=7)
Pneumocystis jirovecii	29 (32%)	26 (35%)	3 (33%)	0	0	0	0
Mycobacterium tuberculos	15 (17%)	13 (18%)	0	2 (29%)	9 (45%)	5 (39%)	4 (57%)
Cytomegalovirus	40 (45%)	37 (51%)	2 (22%)	1(14%)	4 (20%)	3 (23%)	1 (14%)
Streptococcus pneumoniae	9 (10%)	7 (9%)	0	2 (29%)	3 (15%)	3 (23%)	0
Staphylococcus aureus	13 (14%)	11 (15%)	2 (22%)	1(14%)	6 (30%)	4 (31%)	2 (29%)
Other gram positive	6 (7%)	5 (7%)	0	1 (14%)	3 (15%)	3 (23%)	0
Haemophilus influenzae	5 (6%)	3 (4%)	1 (11%)	1 (14%)	4 (20%)	2 (15%)	2 (29%)
Klebsiella pneumoniae	9 (10%)	8 (11%)	1 (11%)	0	0	0	0
Escherichia coli	8 (9%)	7 (9%)	1 (11%)	0	0	0	0
Salmonella spp	1(1%)	1 (1%)	0	0	0	1 (8%)	0
Legionella spp	1(1%)	1 (1%)	0	0	0	0	0
Other gram negative	10 (11%)	8 (11%)	1 (11%)	1 (14%)	3 (15%)	2 (15%)	1 (15%)
Adenovirus	6 (7%)	4 (5%)	0	2 (28%)	3 (15%)	2 (15%)	1 (14%)
Respiratory syncytial virus	11 (12%)	8 (11%)	3 (33%)	0	2 (10%)	0	2 (29%)

# Among children who failed to respond to AB Rx: <br/><1yr of age: *M. tb* in 18% HIV+ / 29% HIV-<br/>>1yr of age: *M. tb* in 39% HIV+ / 57% HIV-

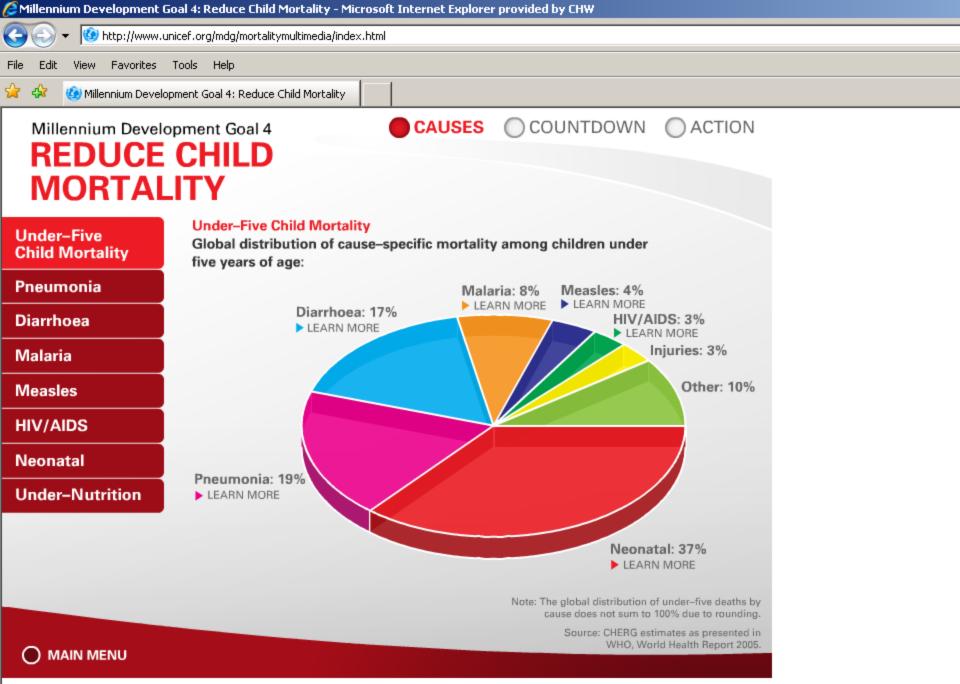
Table 5: Organisms isolated from children who were investigated for failing to respond by HIV status and age

McNally L et. al. Lancet 2007; 369: 1 440-51

#### Under 5 mortality Kolkata, India rate / 1000 person yrs by age grp

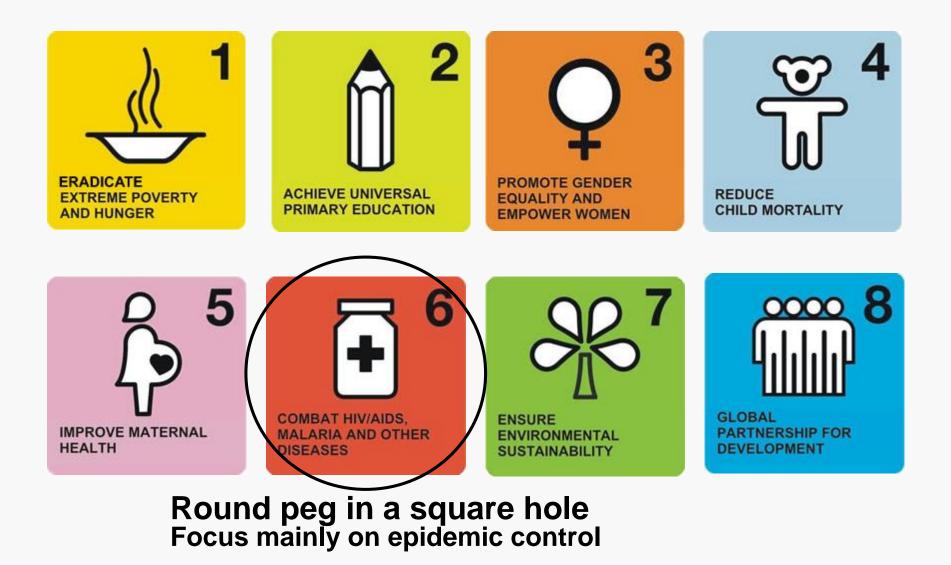
Cause of death	<1yr	1-4yrs	Rank
Respiratory infections	2.97	0.86	1
Tuberculosis	1.98	0.52	2
Diarrhoeal diseases	1.98	0.34	3

- Verbal autopsy study covering slum areas 29 & 30
- Death surveillance May 2003 October 2004 Accurate baseline demographic data / numbers small

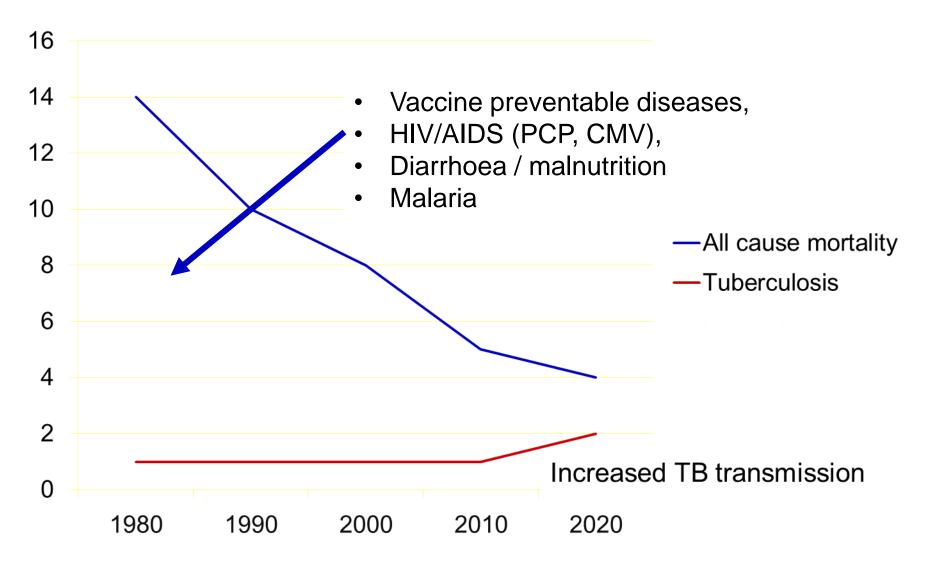


January 2007

### **Millennium Development Goals**

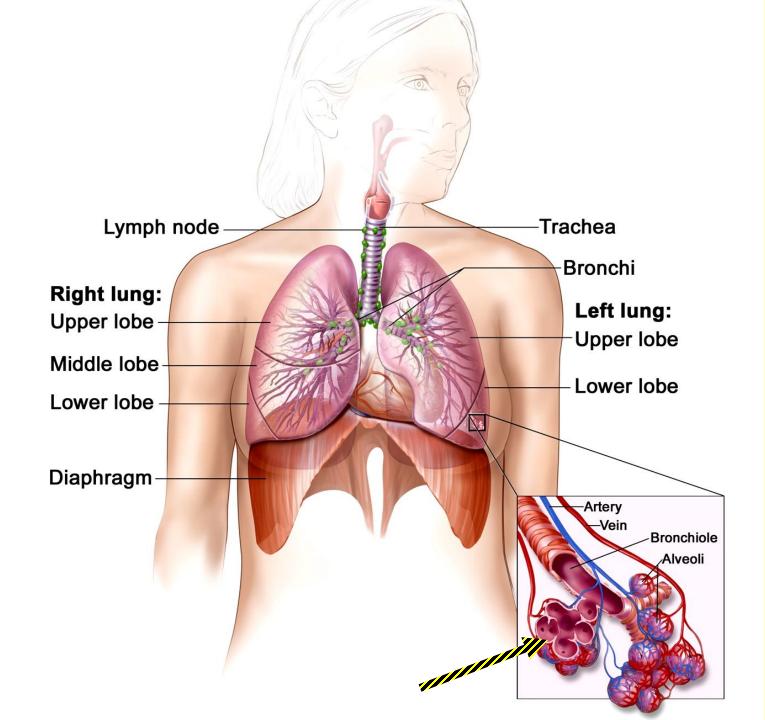


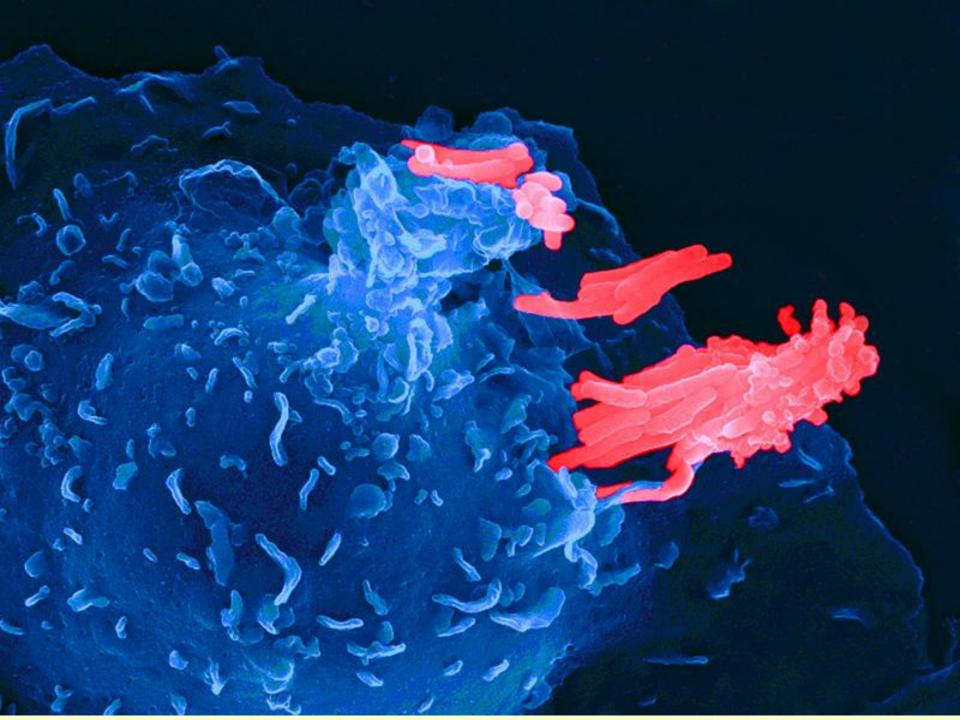
## **Relative contribution**

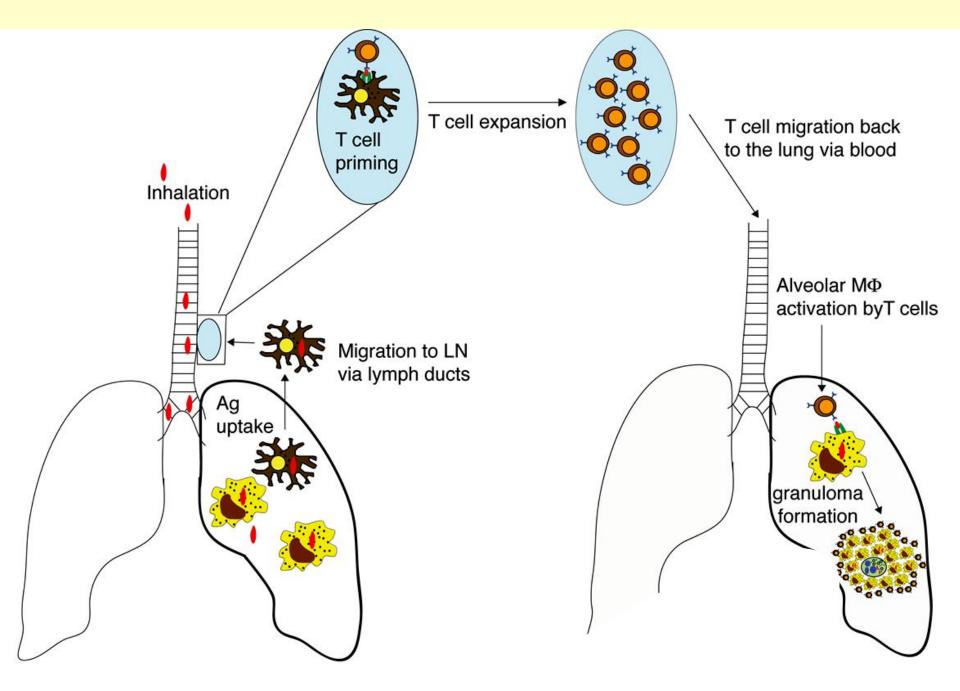




Call on UNICEF and other global agencies involved in maternal & child health (MDG 4 & 5) to take child TB on board







Courtesy Willem Hanekom

Understanding the Natural History of Disease & Determinants of risk

#### **Major transitions**

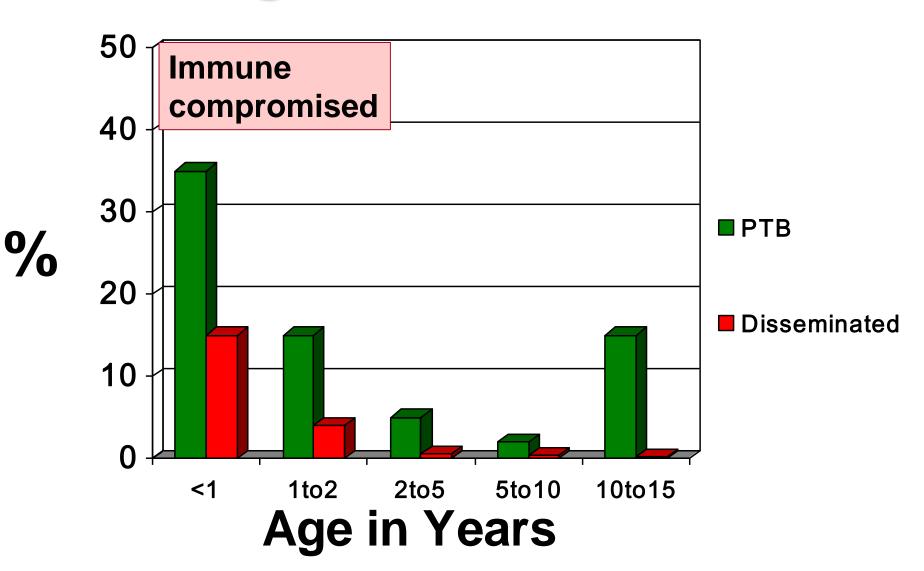
Exposure

# Arvid Wallgren Karolinska, Stockholm

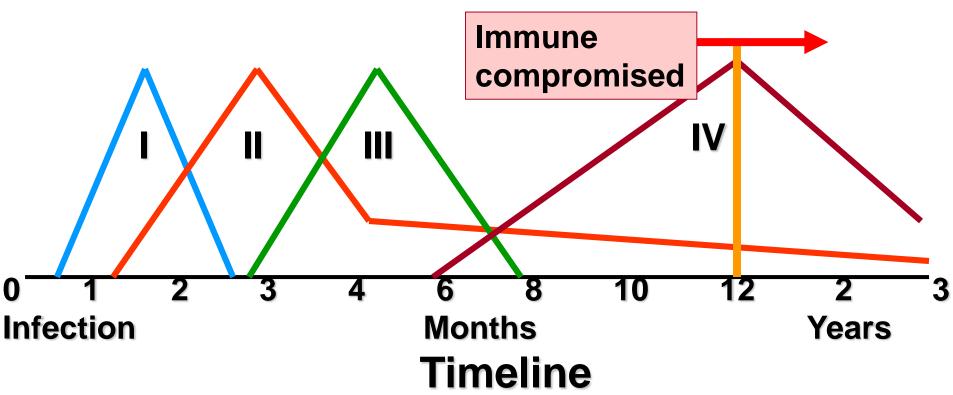
#### **Edith Lincoln** Bellevue, New York



### **Age-related risk**



### **Time-related risk**



#### Phase of disease

- Hypersensitivity
- II Miliary TB and TBM
- III Lymph node disease / Pleural effusion
- IV Adult-type disease

#### **HIV-infected - PERSISTENT RISK OF REACTIVATION DISEASE**

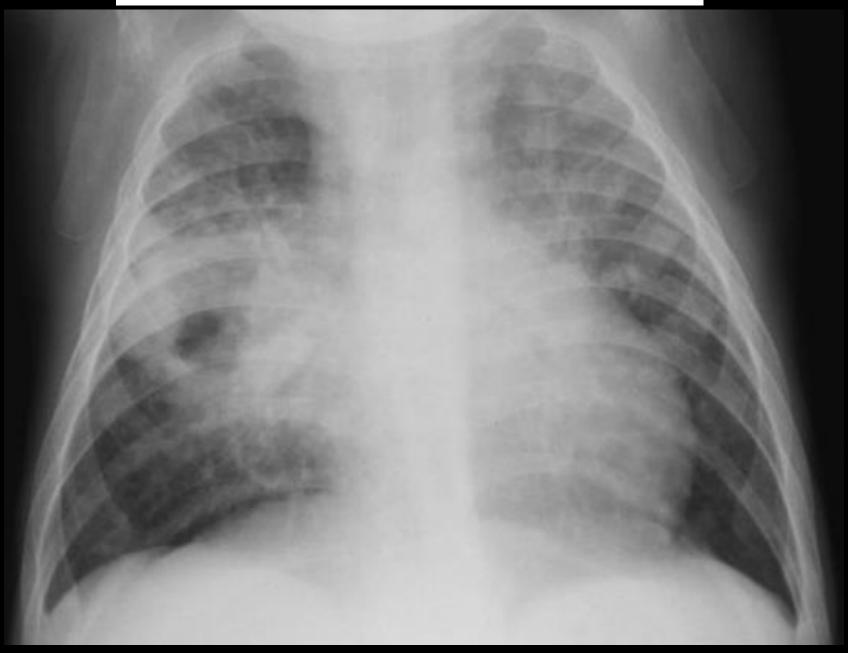
# DIVERSITY OF DISEASE

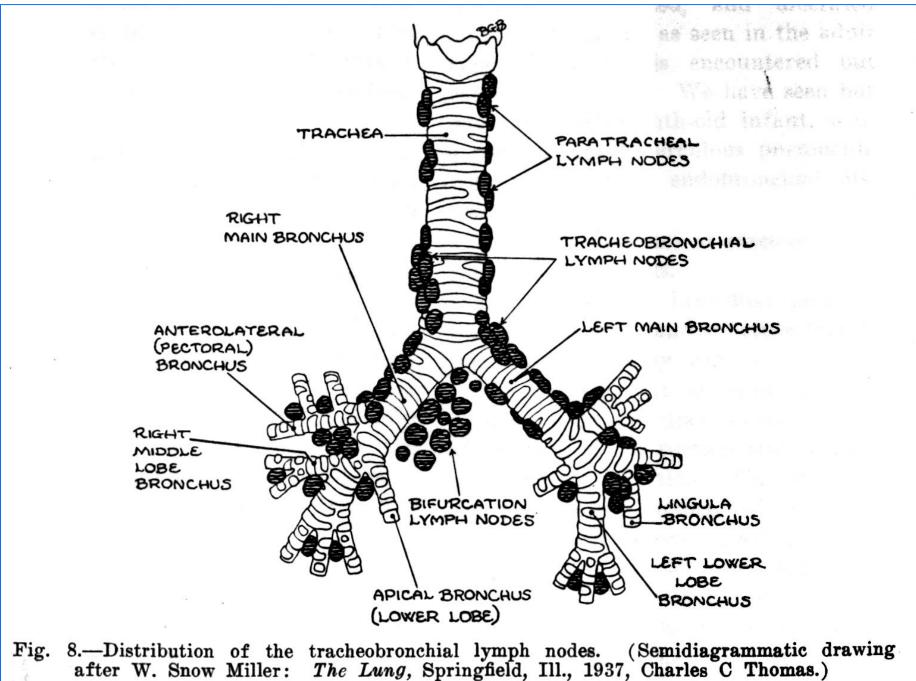
### Manifestations of intra-thoracic TB in children

#### **Ghon focus**



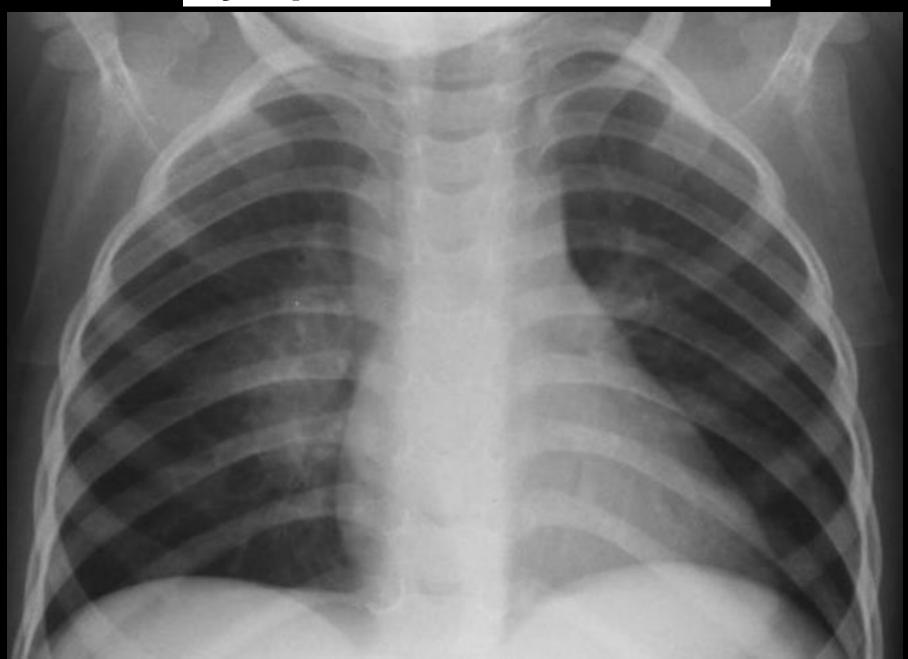
#### **Complicated Ghon focus**





low Miller: The Lung, Springheid, III., 1957, Charles

### Lymph node disease AP



### **Cardiac Catheterization**



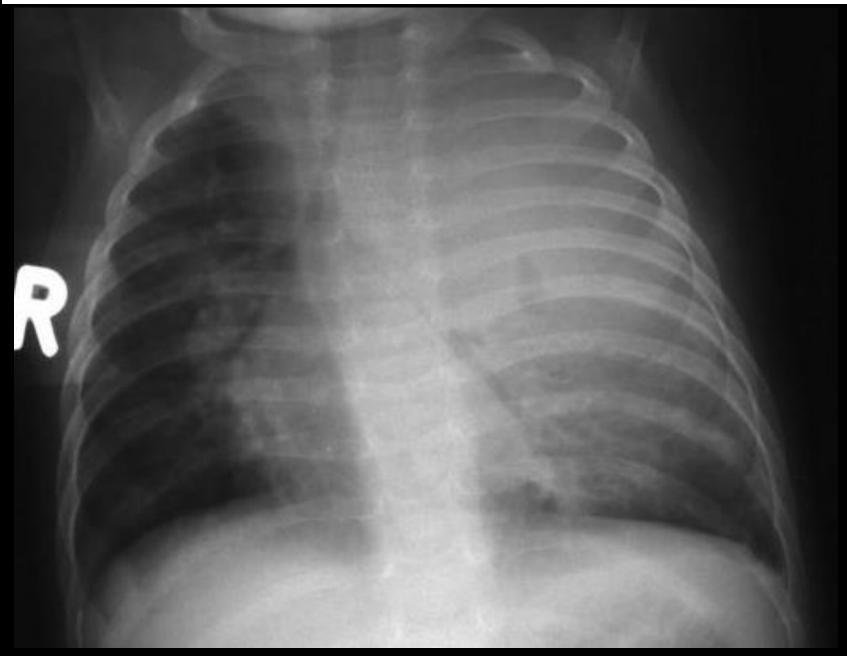
#### Lymph node disease Lat



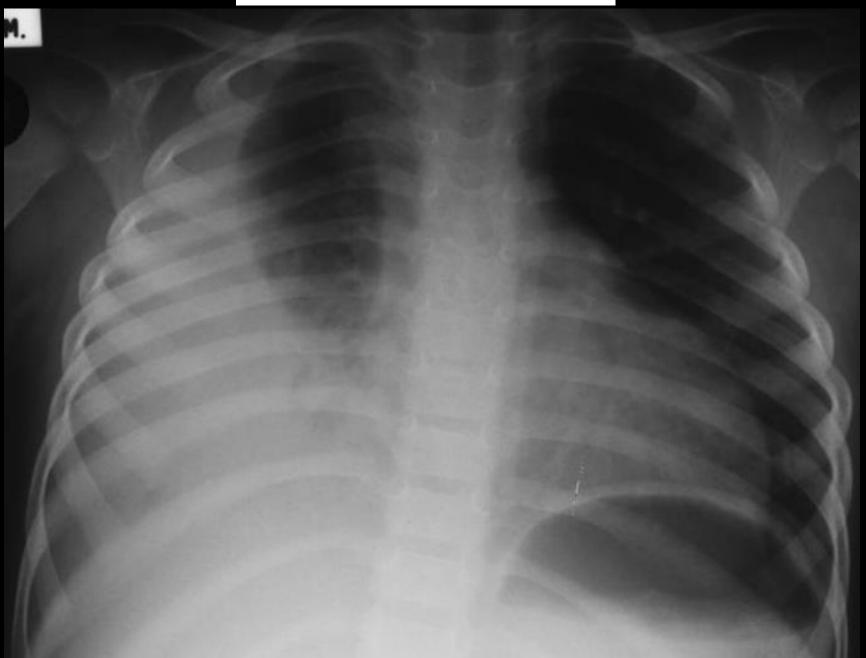
### **Complicated lymph node disease**



#### **TB caseating / expansile pneumonia**



#### **Pleural effusion**



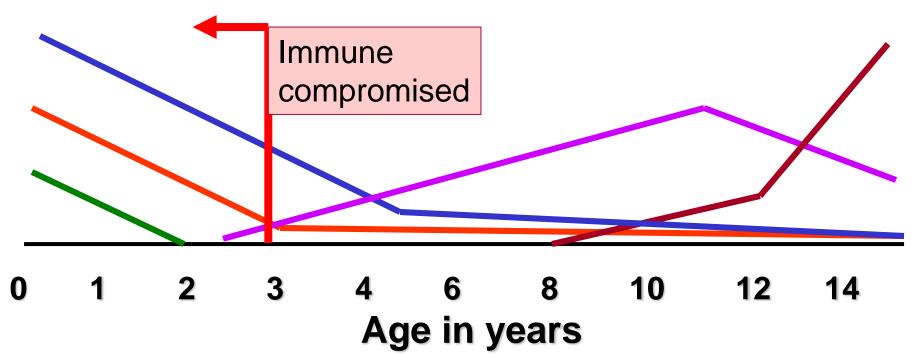
### **Disseminated (miliary) disease**



#### Adult-type disease



#### **Different age-related patterns**



Complicated Ghon focus Miliary TB Lymph node disease Pleural effusion Adult-type disease



#### INH preventive Rx It works

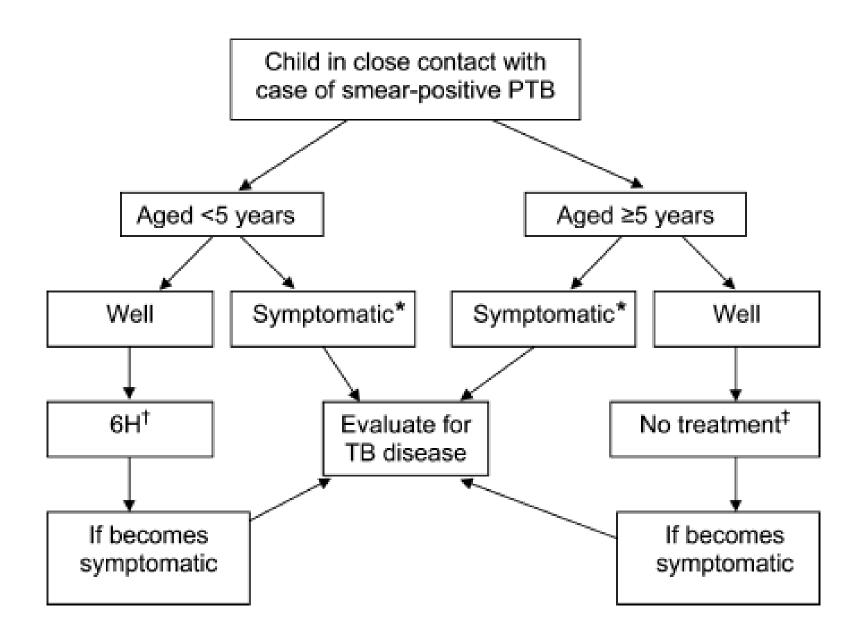
- Up to 90% TB reduction with good adherence
- Focus on the most vulnerable children with documented close exposure



# WHO – IPT in children

- Close contact with an infectious TB source case (pulmonary TB)
  - All children <5 years of age</p>
  - All HIV-infected children
    - Likelihood of TB infection is high
    - Risk of TB disease progression is high

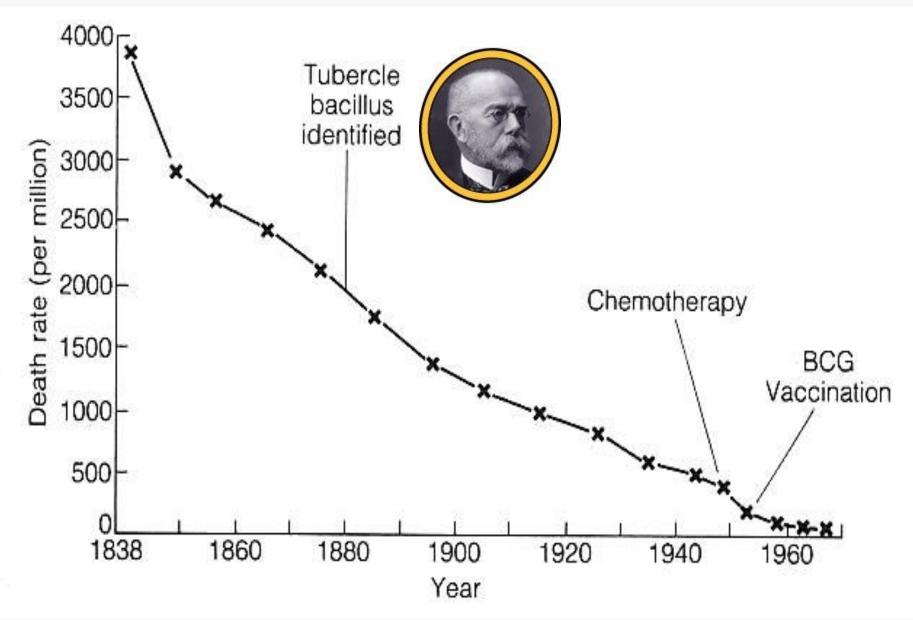
Asymptomatic for TB – provide IPT No TST or CXR required prior to commencing



\*If TB is suspected, investigate as per guidelines ‡ unless the child is HIV-infected (in which case INH 6/12)

# **TB treatment**

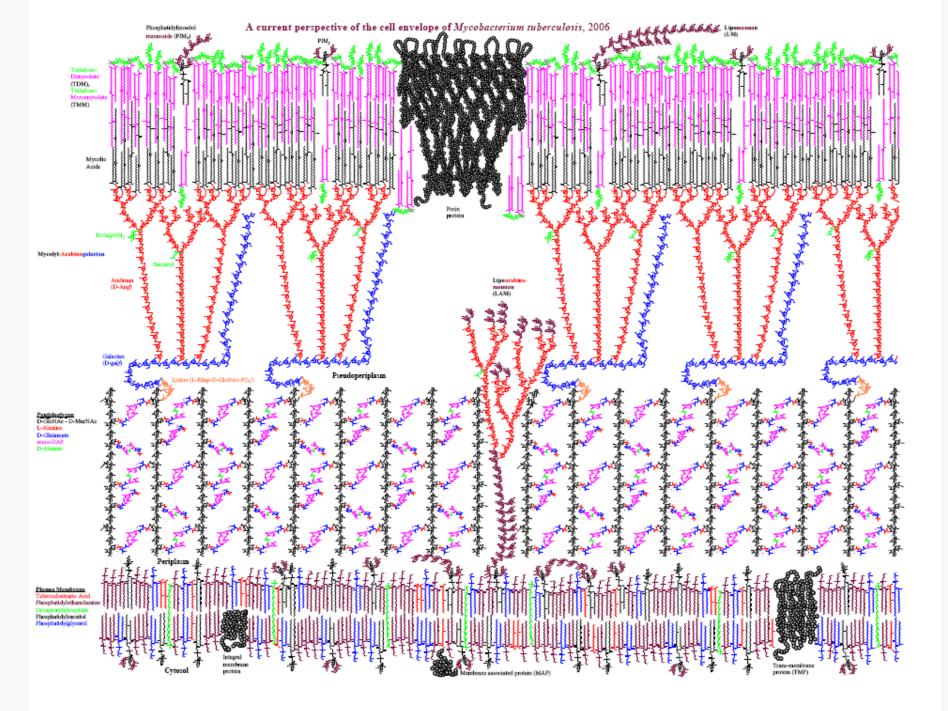
#### **TB deaths in England and Wales**



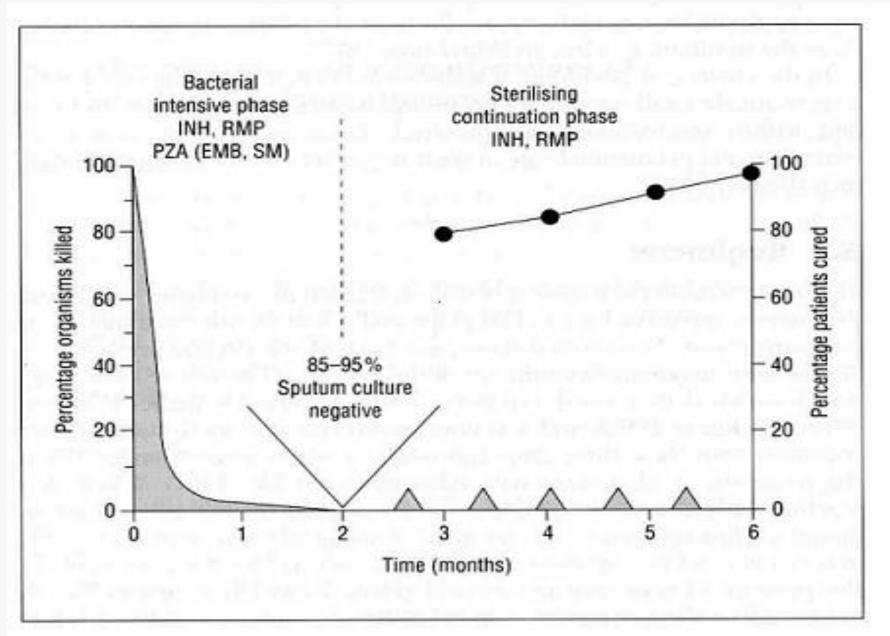
# Main objectives in TB Rx

- Rapidly kill most bacilli
  - stop disease progression
  - terminate ongoing transmission
- Effect cure and prevent relapse (eliminate dormant bacilli)
- Minimal adverse events
- Prevent emergence of drug-resistance





#### **Current First-Line Regimen**



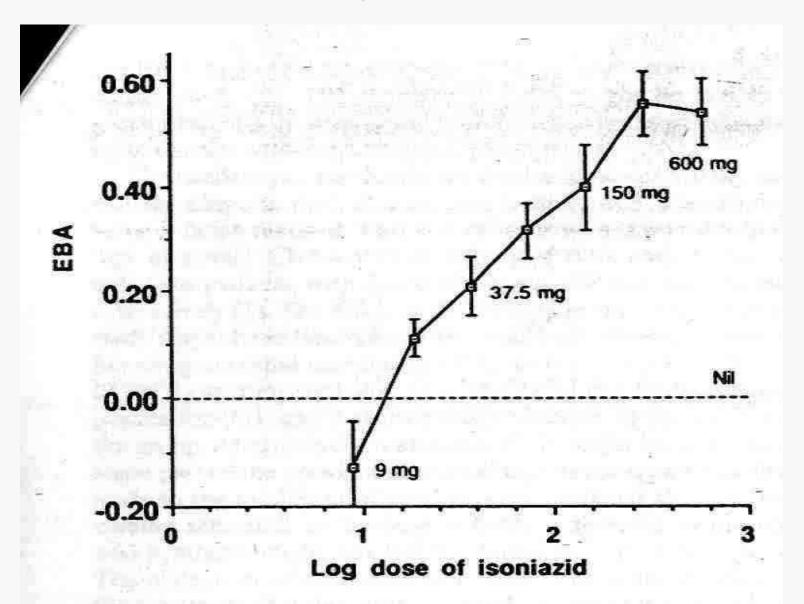
# **Early Bactericidal Activity**

Drug	<u>EBA</u>	
Isoniazid	0.5-0.6	
Rifampicin	0.2	
Ethambutol	0.2	
Streptomycin	0.04	
Pyrazinamide	0.004	

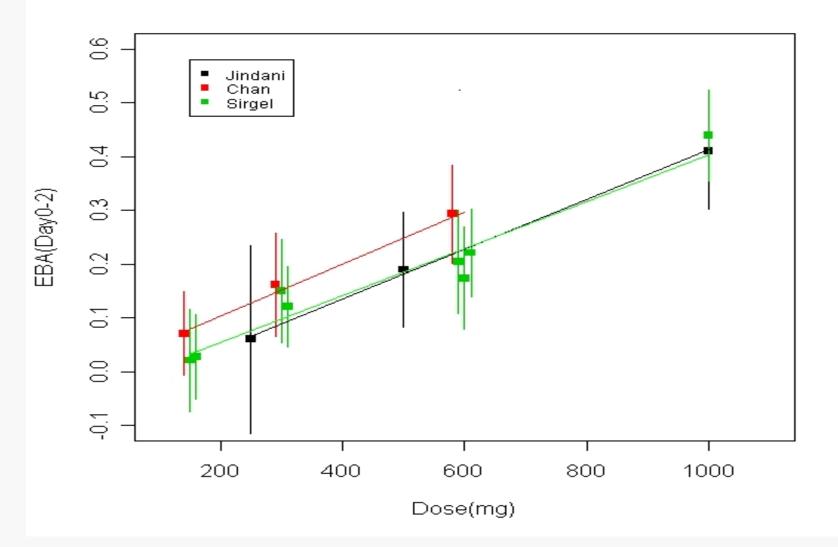
Peter Donald

### **Dose related response of INH**

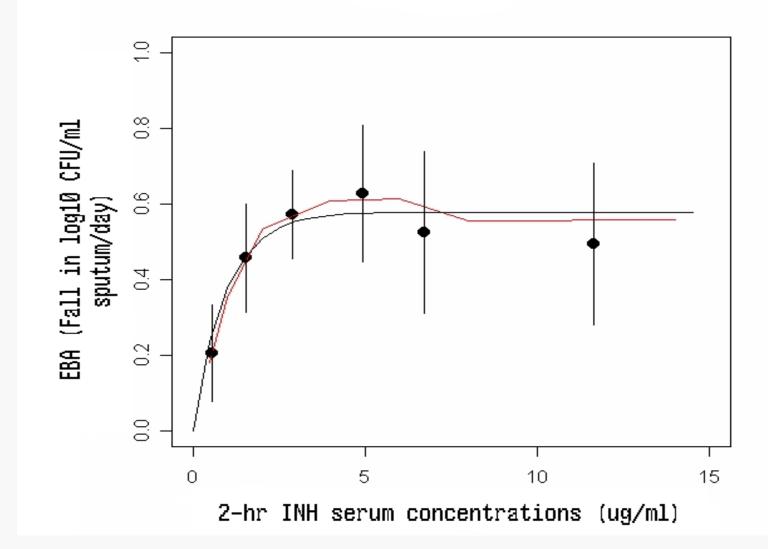
Donald PR et al. Am J Respir Crit Care Med 1997; 156: 895-900



#### **RMP: Dose-ranging EBA**

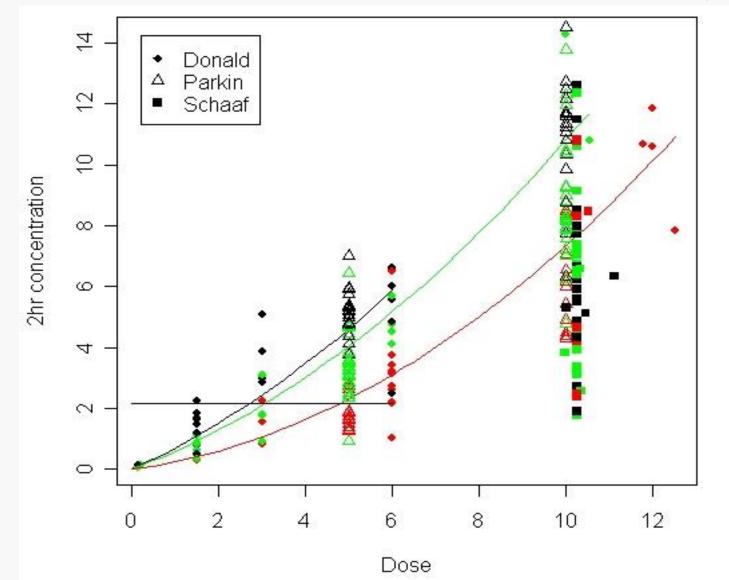


### Isoniazid PK vs EBA



#### 2-hr INH concentration vs. dose.

concentration associated with the EBA90 is 2.2 µg/ml



# **Doses of 1st-line TB drugs**

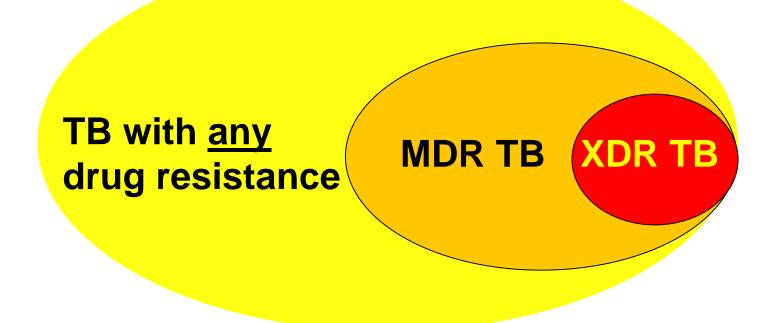
Drug	Recommended daily dose in mg/kg		
	<u>Previous</u>	<u>New</u>	
Isoniazid (H)	5 (4-6)	10 (5-15)	
Rifampicin (R)	10 (8-12)	15 (10-20)	
Pyrazinamide (2	Z) 25 (20-30)	35 (30-40)	
Ethambutol (E)	not given	20 (15-25)	
Streptomycin (S	S) 15 (12-18)	15 (12-18)?	

# **Drug resistant TB**

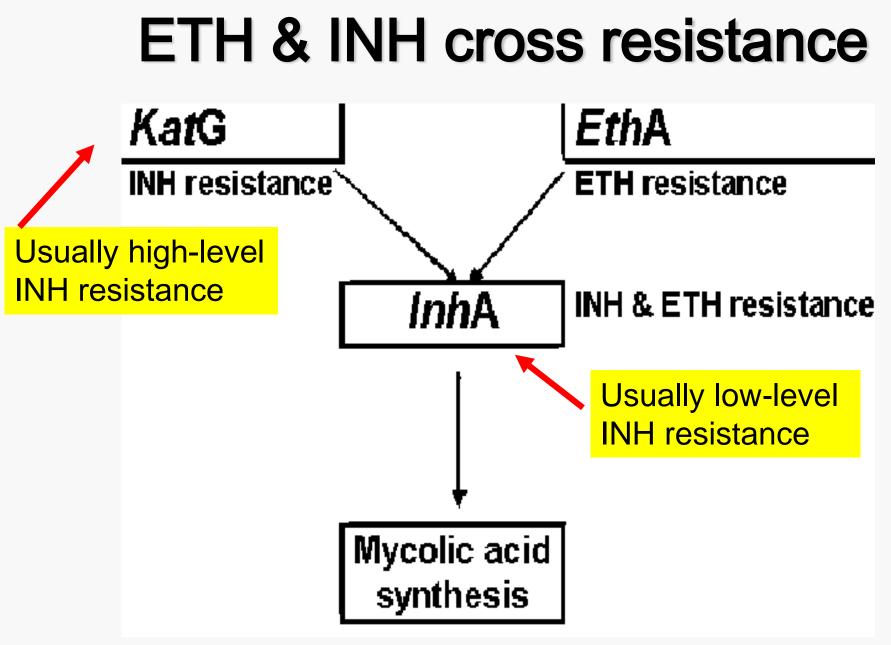


#### MDR TB - resistant to at least INH and RMP

**XDR TB** – MDR with additional resistance to any fluoroquinolone AND any second-line injectable (amikacin, kanamycin, capreomycin)

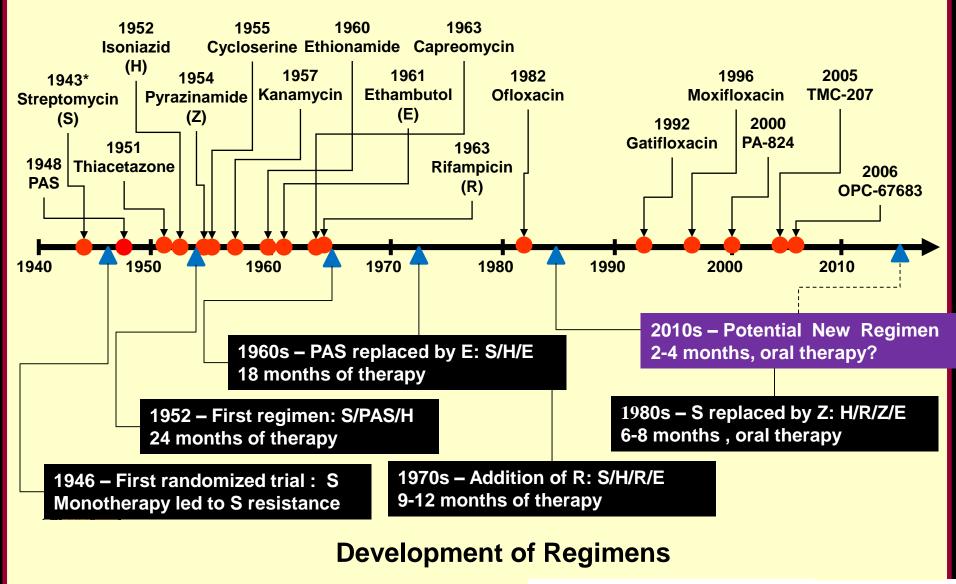




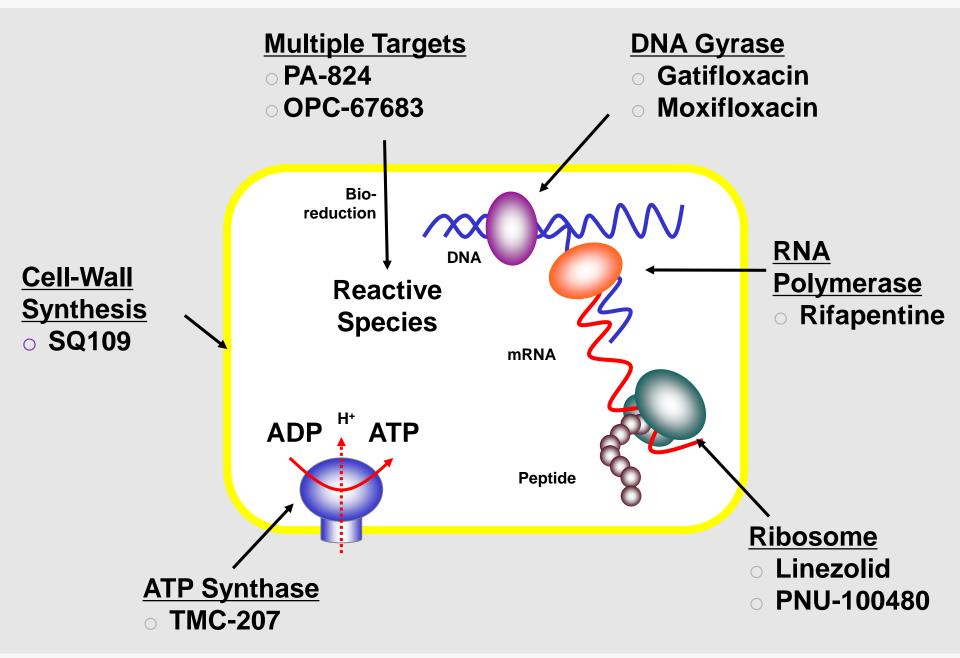


Schaaf HS et. al. IJTLD 2009

# **Discovery of TB Drugs**



Ma Z et al. Lancet TB series 2010



Ma Z et al. Lancet TB series 2010

