

## POLIO ENDGAME

AIDA M. SALONGA, MD, FPNA, FCNSP

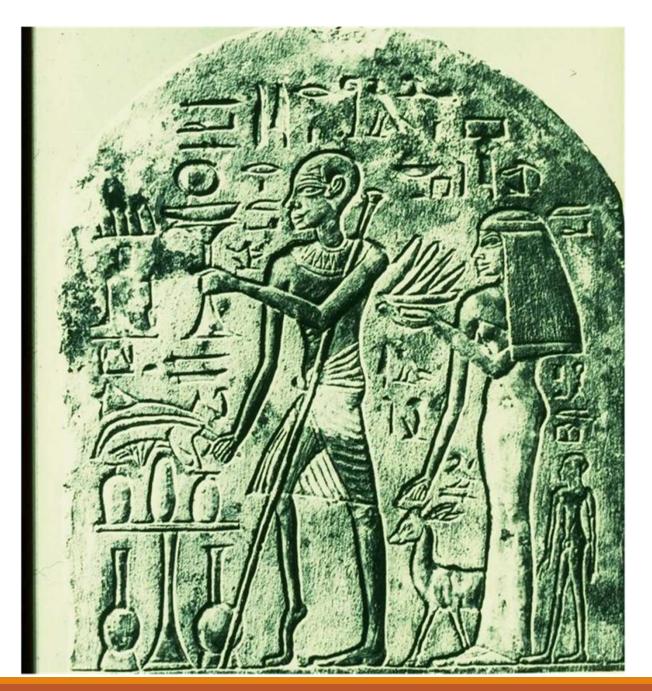
CHAIR, AFP EXPERT PANEL, DOH

MEMBER, REGIONAL CERTIFICATION COMMITTEE, WHO

## OBJECTIVES

Brief history of poliomyelitis Polio eradication: global status Polio eradication: national status and concerns Role of Filipino doctors in the eradication program

# Brief History



#### Polio Eradication - Historical Timeline

First description by Michael Underwood in 1789

• first outbreak documented in United States in 1843

Turn of century: change from endemic to epidemic spread with improving hygiene and sanitation

In 1952, > 58,000 poliomyelitis cases in U.S.

Rapid decline of polio in industrialized countries after introduction of vaccines (IPV, OPV) in the 1950s

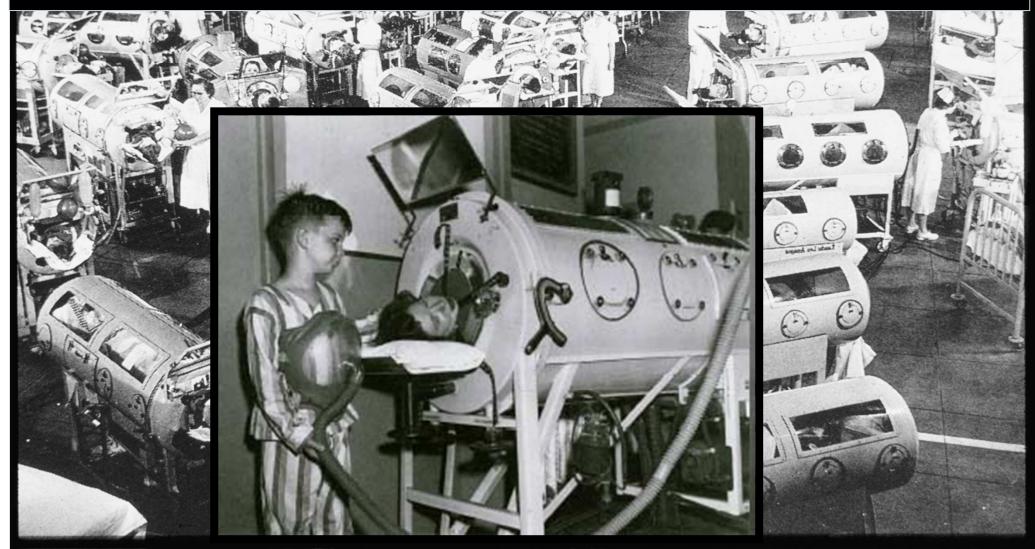
1967 to 1980: Smallpox eradication

1980s: EPI starting, early progress towards polio eradication in the Americas

1988: World Health Assembly resolution to eradicate poliomyelitis globally by 2000



Polio – fears in industrialized countries in 1950s...



#### EPI – Expanded Programme on Immunization

#### Success of smallpox helped to launch the EPI in 1974

- EPI first organized global routine vaccination programme
- targeting infants in developing countries with 6 basic vaccines, including OPV
- set up and managed using lessons learned (and staff) from smallpox eradication

#### 1980 – 1990: rapid improvement in EPI coverage

- 1990: achievement of 'universal childhood immunization' 80% coverage in all countries
- 1988 WHO estimates 350,000 paralytic polio cases /yr

World Health Assembly

Polio Resolution: 1988

HUMANITARIAN BENEFITS.

US\$1.5 BILLION ANNUAL SAVINGS.

STRENGTHEN HEALTH SYSTEMS.

ACCESS ALL CHILDREN & BUILD PEACE.



### Polio – a paralyzing disease for life



Eradication Strategies

#### Eradication Strategy Development I

Choice of vaccine (OPV)

Vaccination strategy

oroutine, supplementary campaigns / 'NIDs', mopping-up activities) → # of doses

Target age group - < 5 yr olds

Timing of campaigns / NIDs

low transmission season

Many 'silent infections'  $\rightarrow$  large-scale mop-ups



.. but was largely replaced by the Sabin vaccine in early 1960s.

2006

## Strategy Development II

## Unreliability of clinical diagnosis: surveillance for syndrome : AFP

Acute flaccid (floppy) paralysis (AFP) cases reported in absence of polio

Performance indicators for AFP surveillance

Contribution of laboratory network essential

Lab quality control - annual accreditation

#### Polio Eradication Strategies

- 1. High routine immunization coverage
- 2. National Immunization Days (NIDs)
- 3. Acute Flaccid Paralysis (AFP) surveillance
- 4. 'Mop-up' campaigns



#### World Health Assembly Resolution: 1988

# ...polio eradication by the end of the year 2000...

Humanitarian benefits.

**US\$1.5 Billion savings annually.** 

**Global surveillance & disease control.** 

Peace-building.



#### WPR certified polio-free 29 Oct 2000



All countries saw last indigenous polio cases 1-2 decades ago!

Country	Last WPV**
Mongolia	1992
Philippines	May 1993
China	September 1994
Papua New Guinea	1994*
Lao PDR	July 1996
Viet Nam	January 1997
Cambodia	March 1997

\* clinicaly confirmed; no wild poliovirus ever identified in PNG

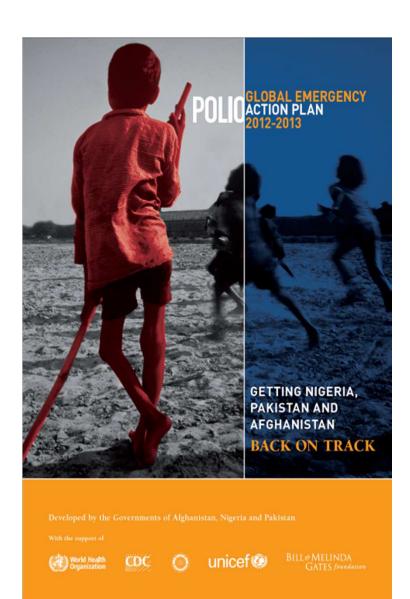
\*\* data source: national certification documentation 2000

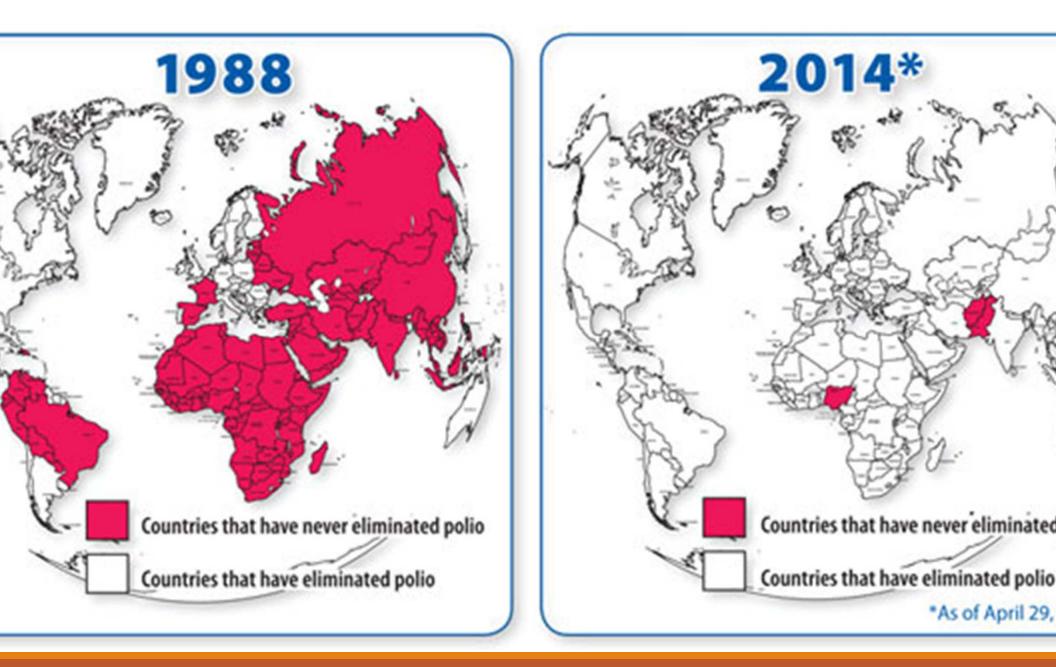
#### World Health Assembly

"DECLARES polio eradication an emergency for global public

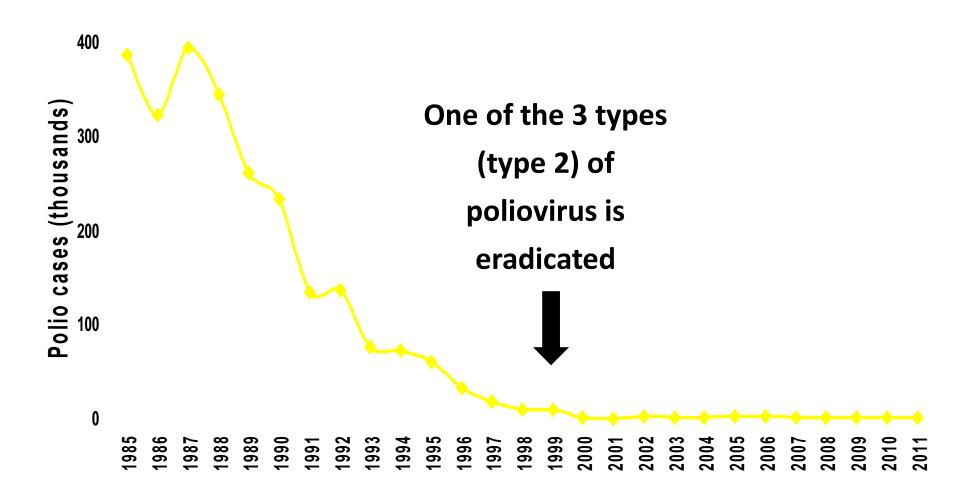
health ....Yëquests the Director-General to rapidly finalize a polio endgame plan, with a tOPV-bOPV switch".

#### 25 May 2012





#### Polio cases globally, 1988-2011



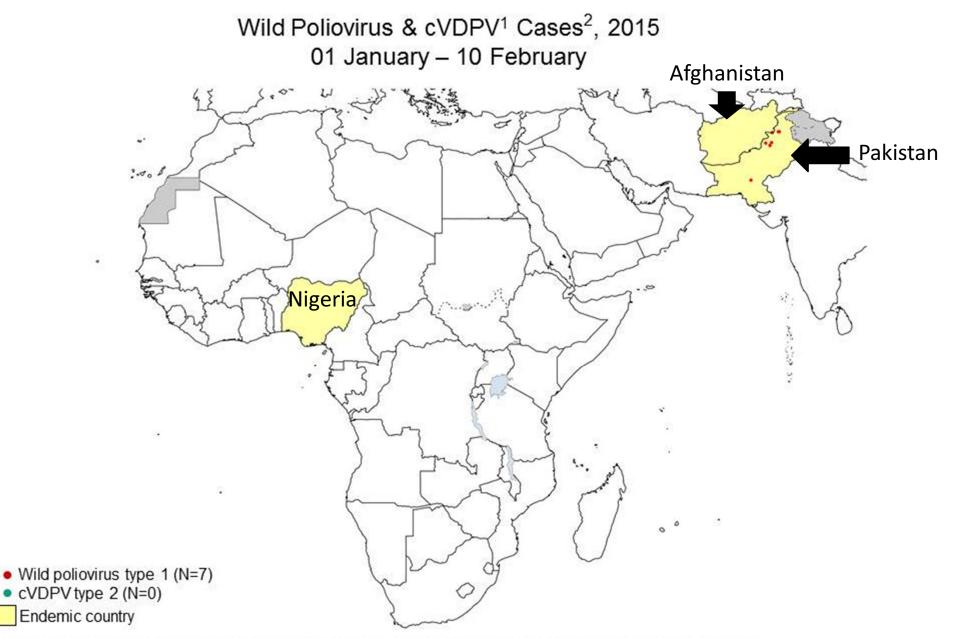
Dr. R. Tangerman Report

# Wild poliovirus type 1 and Circulating vaccine-derived poliovirus cases

Total cases	Year-to-date 2015		Year-to-date 2014		Total in 2014	
	WPV	cVDPV	WPV	cVDPV	WPV	cVDPV
Globally	7	0	11	3	359	54
- in endemic countries	7	0	11	3	340	51
- in non- endemic countries	0	0	0	0	19	3

Countries	Year-to-date 2015		Year-to-date 2014		Total in 2014		Onset of paralysis of most recent case	
	WPV	cVDPV	WPV	cVDPV	WPV	cVDPV	WPV	cVDPV
Pakistan	7	0	9	3	306	21	17-Jan-15	13-Dec-14
Afghanistan	0	0	2	0	28	0	04-Dec-14	N/A
Nigeria	0	0	0	0	6	30	24-Jul-14	16-Nov-14
Somalia	0	0	0	0	5	0	11-Aug-14	N/A
Equatorial Guinea	0	0	0	0	5	0	03-May-14	N/A
Iraq	0	0	0	0	2	0	07-Apr-14	N/A
Cameroon	0	0	0	0	5	0	09-Jul-14	N/A
Syrian Arab Republic	0	0	0	0	1	0	21-Jan-14	N/A
Ethiopia	0	0	0	0	1	0	05-Jan-14	N/A
South Sudan	0	0	0	0	0	2	N/A	12-Sep-14
Madagascar	0	0	0	0	0	1	N/A	29-Sep-14

#### Case breakdown by country



<sup>1</sup>cVDPV is associated with  $\ge$  2 AFP cases or non-household contacts. VDPV2 cases with  $\ge$  6 ( $\ge$  10 for type1) nucleotides difference from Sabin in VP1 are reported here.<sup>2</sup>Excludes viruses detected from environmental surveillance.

Data in WHO HQ as of 10 February 2015

### MAINTAINING POLIO FREE STATUS

- HIGH QUALITY SURVEILLANCE
- HIGH IMUNIZATION COVERAGE ( >95%)
- ADEQUATE STOOL COLLECTION AND HIGH QUALITY LABORATORY

#### **Performance Indicators**

AFP Rate of at least 2 per 100,000 pop. of <15 yrs

- > 80% Adequacy of stool specimens
- > 10% NPEV isolation rate at all levels

> 80% of cases were reported within 14 days after the onset of paralysis

> 80% of cases were investigated within 24-48 hours after report

> 80% of cases were followed up 60 days after the onset of paralysis

> 80% of cases were classified within 90 days after onset of paralysis (through the AFP Expert Panel meetings)

> 80% of stool specimens receive at the National Reference Laboratory (RITM) within 3 days after collection

## Diagnosis

Symptoms of paralytic polio:

- Rapid progress to paralysis (2-3 days)
- Accompanied by fever, muscle pain
- Sensation intact
- Paralysis asymmetric, proximal > distal, deep tendon reflexes diminished or absent

#### However, clinical picture not 'typical', can look like other neurological diseases (Guillain-Barre Syndrome)

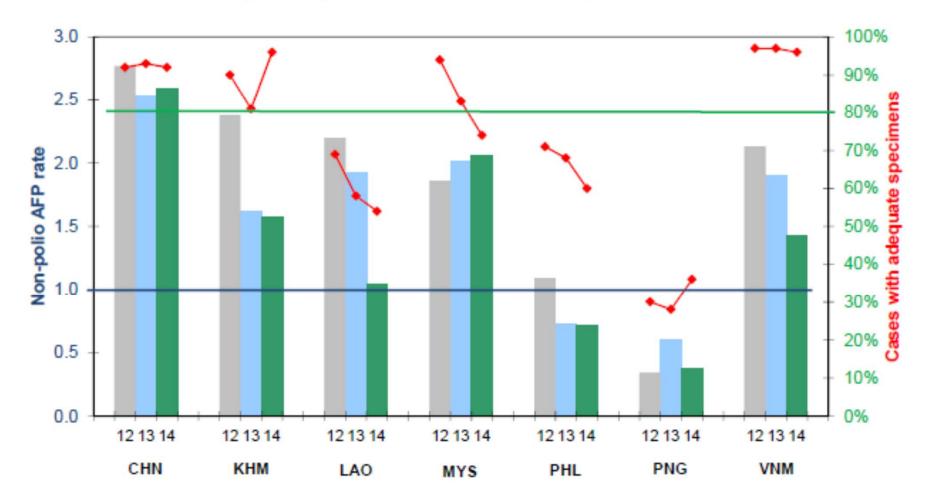
Cannot make definitive diagnosis through serological (blood) testing

Gold standard test is viral culture from stool specimens

#### All cases of <u>A</u>cute Onset <u>F</u>laccid <u>Paralysis(AFP) are reported & investigated</u>

Difficult to distinguish clinically from other causes of AFP Polio cases with atypical presentation may be missed Syndromic approach of investigation of all AFP ensures detection of all Polio cases

Chart 1. Non-polio AFP rate (per 100 000 persons < 15 years of age) and adequate specimen collection rate, 2012–2014



Polio Bulletin 2015 (

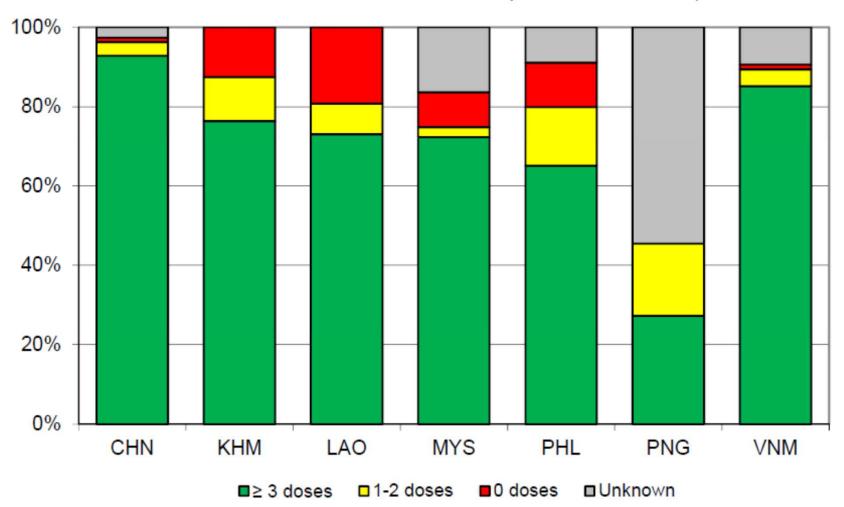
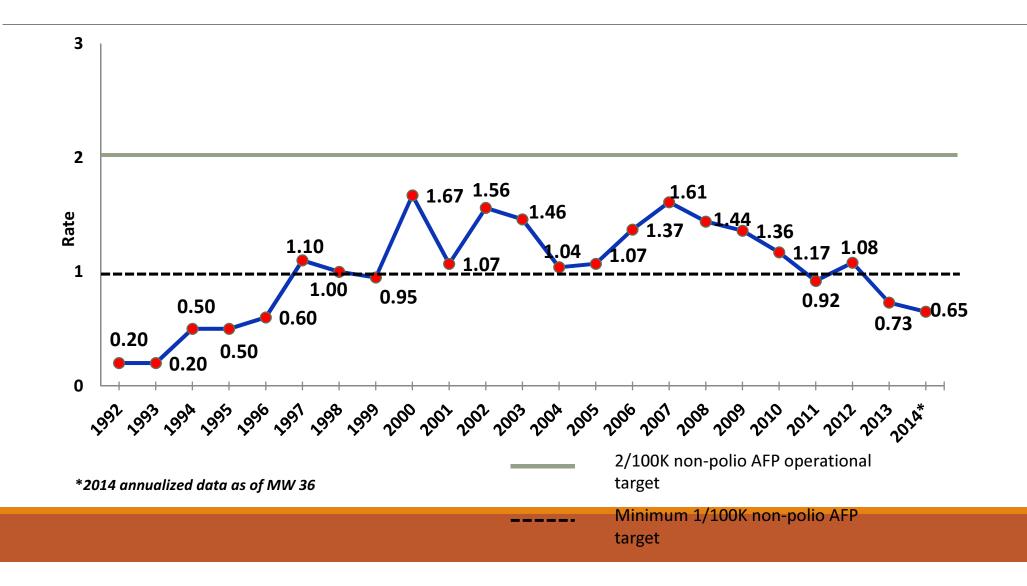


Chart 3. Polio immunization status of reported AFP cases, 2014

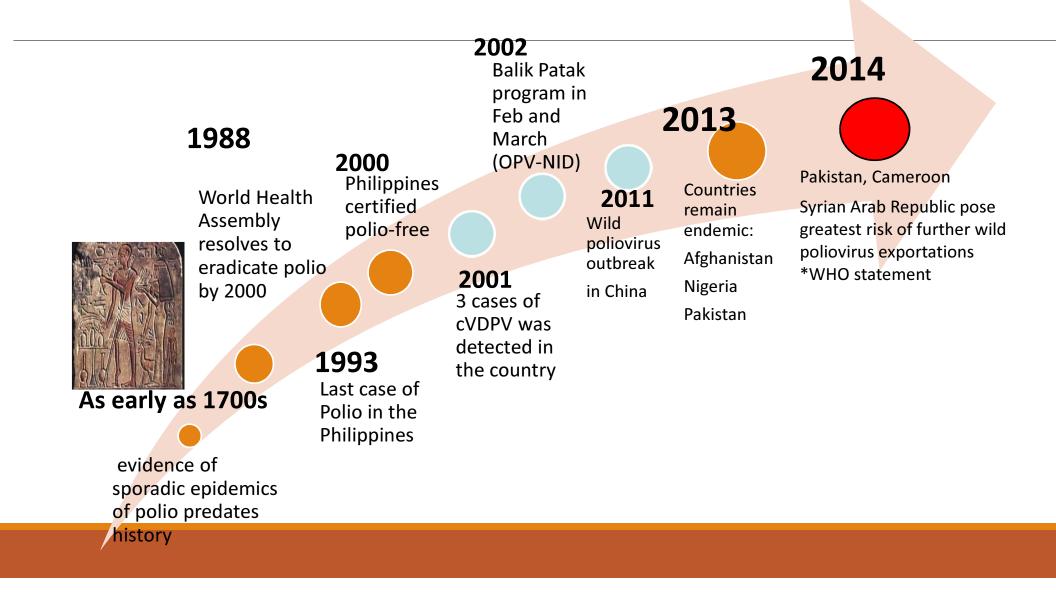
Polio Bulletin 2015 (

Surveillance Update on Acute Flaccid Paralysis (AFP) Performance Indicators Philippines, 2015

#### Trend for Non-Polio AFP Rate Philippines, 1992-2014\*



## **Polio historical timeline**



#### **Threats to Polio-Free Status**

- Long distance importation of poliovirus continues
  - -2013 Middle East (Pakistan origin)
  - -2013 Horn of Africa (Nigeria origin)
- Previous imported poliovirus into WPR
  - -2006 Singapore (from Nigeria)
  - -2009 Australia (from Pakistan)
  - -2011 China (from Pakistan)
  - -2012 China (VDPV from Myanmar)
- •Emergence and circulation of VDPVs
  - -cVDPVs: Philippines, China, Cambodia
  - -aVDPVs, special concern in low-coverage areas

#### **Threats to Polio-Free Status**

- Increasing contact with persons from polio-affected countries
  - Foreign workers
  - Overseas workers
  - International travellers
  - Asylum-seekers
  - UN Peace Keeping Forces
  - Medical tourists
  - Religious pilgrims





## **Current situation (Phil)**

\*based from the NCC Report 2013

## The Philippines is at high risk for wild poliovirus importation and outbreak because of:

- **1**. Routine immunization coverage gaps
- 2. No wide-scale supplementary immunization since 2002
- 3. Surveillance not sensitive enough
- 4. High population density
- 5. Frequent international and domestic population movements

### **Current situation (Phil)**

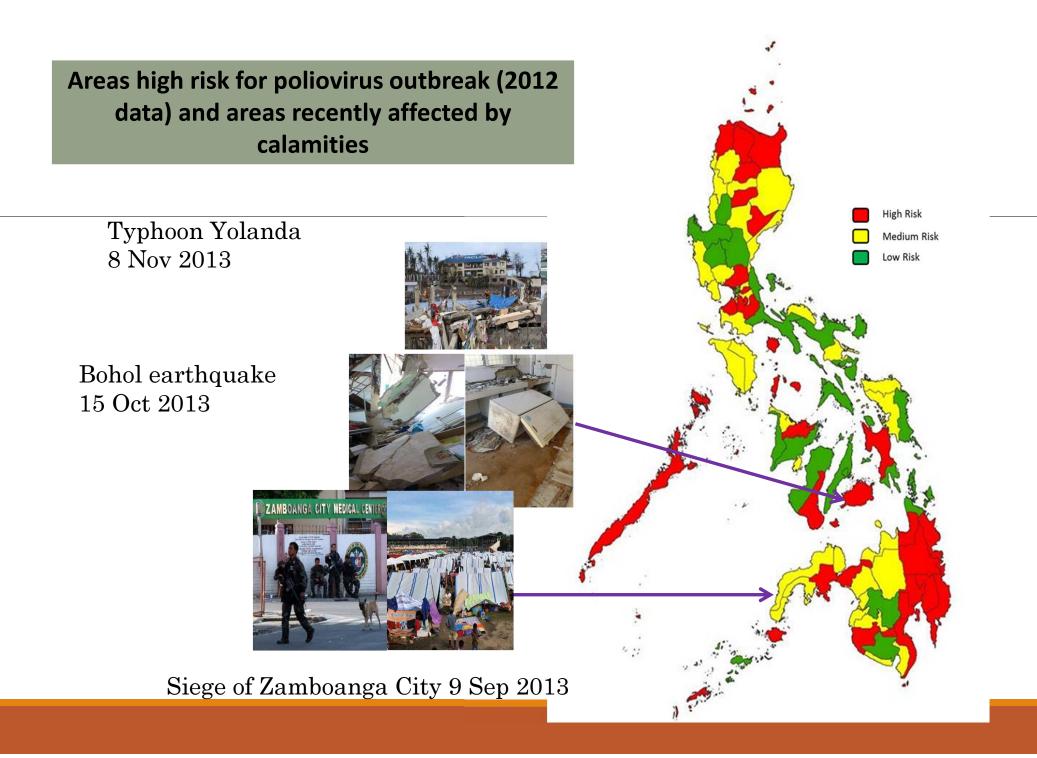
National OPV3 coverage (2012) 86% (target 95%)

Subnational coverage varies widely

- 65-96% at regional level
- 35-178% at provincial/city level
- 74% of provinces/cities less than 90% coverage

No SIAs for over a decade

• 2+ birth cohorts (5.5 million) not fully protected



#### We are this close to ending Polio







# For Attending Doctors : URGENT REQUEST

Report all cases of AFP and facilitate in the case investigation Mandate to order in the patient's chart:

AFP case: 1)refer to Infectious Disease Surveillance Nurse 2) collect stools according to AFP protocol Note: This is covered by DOH ADMINISTRATIVE ORDER

Participate in the immunization campaigns and register children's vaccination status

## NATIONAL GBS( Guillain Barre' Syndrome) SURVEILLANCE

Please register all your cases of AFP and GBS in the National GBS Surveillance Facebook page or inform your disease surveillance officer.

#### Let us work together for a Polio free Philippines.... For a Polio free World.....

Our legacy to our people and to the generations to come!!!!!



#### ank you for your commitment to a Polio-free World!!!